

## Your Personal Safety is our #1 priority

## Food Safety, compiled by USDA-APHIS-CCEP

## Check this table to determine the degree of freshness for your lunch:

<u>FOOD</u>	Held above 40 °F for over 2 hours	<u>FOOD</u>	Held above 40° F for over 2 hours
MEAT, POULTRY, SEAFOOD		FRUITS	
Raw or leftover cooked meat, poultry, fish, or seafood; soy meat substitutes	Discard	Fresh fruits, cut	Discard
Thawing meat or poultry	Discard	Fruit juices, opened	Safe
Meat, tuna, shrimp,chicken, or egg salad	Discard	Canned fruits, opened	Safe
Gravy, stuffing, broth	Discard	Fresh fruits, coconut, raisins, dried fruits, candied fruits, dates	Safe
Lunchmeats, hot dogs, bacon, sausage, dried beef	Discard	SAUCES, SPREADS, JAMS Opened mayonnaise, tartar sauce, horseradish	Discard if above 50 °F for over 8 hrs.
Pizza – with any topping	Discard	Peanut butter	Safe
Canned hams labeled "Keep Refrigerated"	Discard	Jelly, relish, taco sauce, mustard, catsup, olives, pickles	Safe
Canned meats and fish, opened	Discard	Worcestershire, soy, barbecue, Hoisin sauces	Safe
CHEESE Soft Cheeses: blue/bleu, Roquefort, Brie, Camembert, cottage, cream, Edam, Monterey Jack, ricotta, mozzarella, Muenster, Neufchatel, Queso blanco fresco	Discard	Fish sauces (oyster sauce)	Discard
Hard Cheeses: Cheddar, Colby, Swiss, Parmesan, provolone, Romano	Safe	Hoisin sauce	Discard
Processed Cheeses	Safe	Opened vinegar-based dressings	Safe
Shredded Cheeses	Discard	Opened creamy-based dressings	Discard
Low-fat Cheeses	Discard	Spaghetti sauce, opened jar	Discard
Grated Parmesan, Romano, or combination (in can or jar)	Safe	BREAD, CAKES, COOKIES, PASTA, GRAINS Bread, rolls, cakes, muffins, quick breads, tortillas	Safe
<b>DAIRY</b> Milk, cream, sour cream, buttermilk, evaporated milk, yogurt, eggnog, soy milk	Discard	Refrigerator biscuits, rolls, cookie dough	Discard
Butter, margarine	Safe	Cooked pasta, rice, potatoes	Discard
Baby formula, opened	Discard	Pasta salads with mayonnaise or vinaigrette	Discard
CASSEROLES, SOUPS, STEWS	Discard	Fresh pasta	Discard
<b>VEGETABLES</b> Fresh mushrooms, herbs, spices	Safe	Cheesecake	Discard
Greens, pre-cut, pre-washed, packaged	Discard	Breakfast foods -waffles, pancakes, bagels	Safe
Vegetables, raw	Safe	PIES, PASTRY Pastries, cream filled	Discard
Vegetables, cooked; tofu	Discard	Pies – custard, cheese filled, or chiffon; quiche	Discard
Vegetable juice, opened	Discard	Pies, fruit	Safe
Baked potatoes	Discard	<b>EGGS</b> Fresh eggs, hard-cooked in shell, egg dishes, egg products	Discard
Commercial garlic in oil	Discard	Custards and puddings	Discard
Potato Salad	Discard		